Volume 9, Number 15 September 10-30, 1994

UCSF Newsbreak

CPRT investigation

Campus awaits state audit results

By BILL GORDON

The Bureau of State Audits has been investigating since January 1994 UCSF's Center for Prehospital Research and Training (CPRT) after receiving a whistleblower complaint alleging fraud and misuse of state funds. The CPRT is a program which evaluates methods of emergency medicine and provides training in cardiopulmonary resuscitation. It is well known for its Save-a-Life Saturdays at Candlestick and its Save-a-Life Sundays at the San Francisco Zoo.

The CPRT program was affiliated with the Foundation for Medicine, but now operates under the supervision of the UCSF Academic Affairs office.

The investigation also is expected to address questions concerning the operations of a UCSF support group — the Foundation for Medicine.

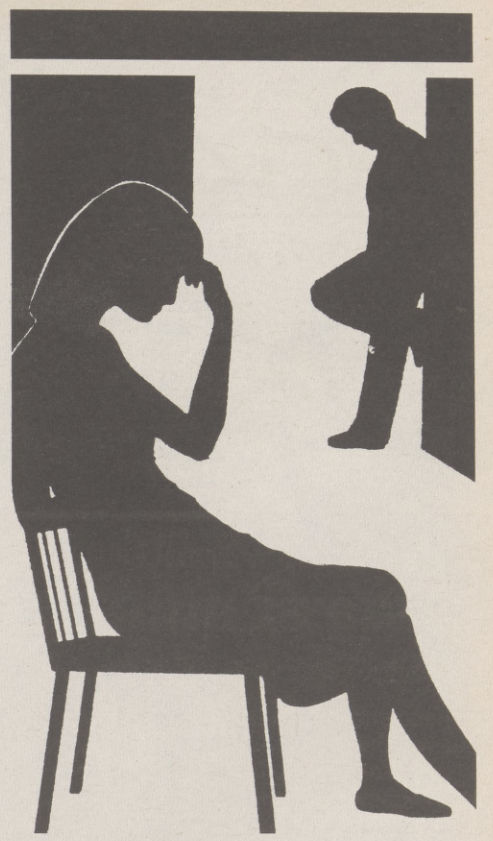
The State Auditor's office asked the campus not to initiate a parallel investigation and that all information regarding the investigation remain confidential while their field work continued, as required by the State Code. The campus has been cooperating fully with the auditor's office.

In June, following completion of most of the field work, a representative of the State Auditor's office described preliminary concerns to UCSF's internal auditor. Based on that discussion, UCSF Chancellor Joseph B. Martin has undertaken a series of activities in preparation for receiving the results of the investigation, including:

• Retaining the firm of Coopers & Lybrand in July to provide the campus with a management assessment of the issues expected to be raised in the State Auditor's review.

• Ordering the collection of documents concerning the CPRT from several departmental files distributed across the campus. The

(See **AUDIT** *on page 2)*



Page 3 ... An interview with Lenore Terr: Are recovered memories as reliable as ordinary ones?



Ray "Scotty" Morris

The AIDS Health Project and James Dilley get "supported" by (left to right) Brian Boitano, The Phantom's *Franc D'Ambrosio and Lisa Vroman, comedienne Suzy Berger, and entertainers Val Diamond and Renee Lubin.*

A variety show benefit for UCSF AIDS Health Project

"Ten Years of Facing the Future Together"

Join Olympic gold medalist Brian Boitano, comic Robin Williams, the cast of *Angels in America,* and many more at a variety show to benefit the UCSF AIDS Health Project the evening of Monday, September 26, at the Castro Theater.

Called "Ten Years of Facing the Future Together," the ambitious show will be hosted by Boitano and will feature the talents of over 70 local and national entertainers including Renee Lubin, comedienne Suzy Berger, singers Clairdee and Scotty Wright, actor Peter Coyote, entertainer Val Diamond, singer Meg Mackay and pianist Billy Philadelphia, members of the Ethel Merman Memorial Choir, the Ney Fonesca Dance Group, members of the cast of *The Phantom of the Opera,* Romanovsky & Phillips, members of the San Francisco Gay Men's Chorus, entertainer Tony Stroh and the Allen Temple Cantateers.

Also featured will be video appearances by Michael Feinstein, Whoopi Goldberg and Lily Tomlin. Additional highlights will include a trio by Val Diamond, and the *Phantom of the Opera*'s Lisa Vroman and Henrietta Davis-Blackmon backed by the Allen Temple Cantateers; a scene from ACT's production of *Angels in America;* the Phantom himself — Franc D'Ambrosia — singing a selection from *Falsettos,* Renee Lubin singing her rendition of "Hero," plus a grand finale with all of the evening's performers.

The evening commemorates the UCSF AIDS Health Project's 10 years of providing AIDS/HIV prevention, mental health, and counseling and testing services to those affected by HIV, their caregivers and the professional health care community.

"Thanks to the support of the University, we have been able to provide invaluable services to tens of thousands of people in need — an average of 15,000 people a year," says James Dilley, AHP executive director. "The funds raised will allow AHP to continue to meet the needs of those affected by the AIDS epidemic and to raise awareness of our programs and services."

Tickets for the event range from $25 to $250 and are available at all BASS Ticket Centers, including Tower Records/ Video and the Wherehouse, or by calling BASS at (510) 762-BASS. For further information on the evening call the AIDS Health Project at 476-6430.

Top AIDS Walk fundraisers

Sabrina Middaugh, senior vocational nurse, Joanne O'Ward, clinical nurse, both at the Mount Zion HIV Clinic, Joseph McEneany, assistant to the associate dean in the School of Nursing, UCSF friend Harold App and Angela Friday, administrative assistant in Radiology, were the top UCSF fundraisers at AIDS Walk '94 on July 17. They were among 570 UCSF walkers (out of 750 who had registered) who raised over $50,000 for the AIDS Foundation. Sabrina and Joanne together raised $2,850, Joseph $1,585, Harold $800 and Angela $680.

UCSF was the second largest corporate team participating in the Walk this year. The UC team, consisting of UCSF, the Office of the President, UC Berkeley, UC Davis and the UCLA Bruins was the largest corporate team, generating over $60,686. Other major fundraisers from UCSF raising over $450 included Elousie Dye, Elliott Brown, John Frank, Robert Brescia, Patricia Hazlett, Bob Hermann, Karen Johnson, Jim Lowry, Ann O'Moore, Paul Riofski and Daniel Ybarra. "Besides the walkers themselves, the united team effort and hard work of the UCSF AIDS Walk Steering Committee members made this AIDS Walk the most successful ever," says Martha Gerarty, UCSF's AIDS Walk team leader.



Allen J. Balderson

(Left to right) Joseph McEneany, Angela Friday, Sabrina Middaugh and Joanne O'Ward

Survey says *Newsbreak* has room for change

By ALLEN J. BALDERSON

As promised, here are the results from the readership survey *Newsbreak/Medsounds* conducted in the spring. Comments ran the gamut, with much constructive criticism we plan to take to heart.

While most people felt the publication is reliable and an important source of campus information, few favored the status quo, and instead wanted more "credible news." "There's never anything critical written ... *Newsbreak* is a one-way street and that's very dull," was a typical comment.

Others liked it, with such comments as, "Great publication ... Don't change. As a Medical Center employee in Oakland writes, you are our main campus connection." Still other respondents said the publication too often acts as a house organ unwilling or unable to tackle any serious issues — "a rah-rah rag that will cover up any bad news."

Half of the campus respondents read *Medsounds* every issue, the other half were "sometimes" readers. Two-thirds of Medical Center respondents read *Medsounds* every issue; the remainder were "sometimes" readers. Although patient features had an overall useful rating, they received the most negative votes of any single item listed. "Your patient features are too syrupy to tolerate. PR bull."

And some people still are confused as to why we have two newspapers rolled into one — "I don't understand the organizational aspect of the publication working through from both back and front ...."

Many had strong feelings about the calendar — "Grand rounds and other medical conferences should be left out of the calendar since each department knows when theirs is anyway."

Well, we've heard you, and now we will be doing something about it. Some changes are relatively simple to make — and we've already started to do so — such as a slightly different format for the Gazette section on page 2, adding bylines where appropriate, and scaling down the calendar.

Other changes are a bit more difficult and will take more time. Obviously, *Newsbreak/ Medsounds* is a University publication, put together by, and written for, University employees. We are neither profit nor circulation driven, and there are privacy, confidentiality and legal issues to which we must adhere. Nonetheless, we want the publication to be more credible and a consistent source of breaking UCSF news and thoughtful analysis. We will try to raise all the issues, even if they are critical. We will not be muckrakers. In short, we want to increase our credibility by writing truthful, balanced stories with as many sides represented as possible.

How? For one, we plan to cut down on the "chatty" nature of the stories, particularly patient features, and instead take a more news-oriented approach by focusing on new technologies, and employees' involvement in research and health care.

We also plan to have special editions on important issues facing the campus to serve as conduits for discussion, a way to increase

(See **SURVEY** *on page 2)*

Gazette

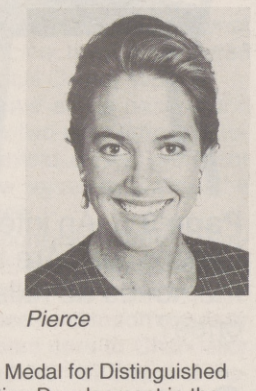
Honors & Awards



Gitschier

Jane Gitschier, medicine & HHMI: Eleventh International Prize, French Association of Hemophilia.

Pamela Pierce, anesthesia: First place award for outstanding research and achievement, California Society of Anesthesiologists research competition.



Pierce

Marvin H. Sleisenger, medicine & VAMC: Distinguished Educator of 1994, American Gastroenterological Association.

Rudi Schmid, medicine & International Relations: Elected a member, Swiss Academy of Medical Sciences.

Nancy W. Zinn, Library: Louise Darling Medal for Distinguished Achievement in Collection Development in the Health Sciences, Medical Library Association and Ballen Booksellers International.

John R. Balmes, medicine & occupational & environmental medicine, SFGH: Member, Epidemiology & Disease Control Study Section, Subcommittee 2, Division of Research Grants, NIH.



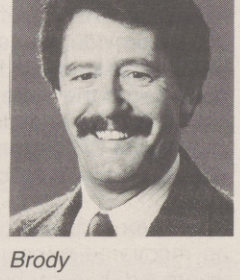
Damato

Nicole Damato, ultrasound: Member, Exam Development Task Force, American Registry of Diagnostic Medical Sonographers.

Samuel H. Barondes, Center for Neurobiology & Psychiatry: Representative of the Society for Neuroscience to the Governing Council of the International Brain Research Organization.

Paul Ekman, Human Interaction Lab, LPPI: Honorary degree, University of Chicago.

Newton C. Gordon, oral & maxillofacial surgery: President, National Association of Oral & Maxillofacial Surgeons.



Brody

Harvey Brody, Advanced Educ. Prog. in General Dentistry: American Dental Association Council on Community Health and Medical Affairs commendation.

Richard A. Smith, oral & maxillofacial surgery: American College of Dentists Distinguished Faculty Member Award.

Two nursing faculty named to California Women's Health Council



Miramontes



Zones

Two School of Nursing faculty have been named to the Women's Health Council: Helen M. Miramontes, associate clinical professor of mental health, community and administrative nursing, and Jane S. Zones, professor of social and behavioral science. The Council is a newly formed component of the California Department of Health Services that will guide the development of a strategic plan for improving the health of women throughout the state.

Miramontes, a past president of the California Nurses Association, is an internationally recognized expert on HIV and women and AIDS. Zones chairs the board of directors of the National Women's Health network and has been commissioned to author reports on the occupational and mental health status of California women.

Appointments



Chesnut

Randall M. Chesnut: Appointed chief, neurosurgery, SFGH. He comes to UCSF and SFGH from UC San Diego, where he has been assistant professor, surgery, since 1990 and where he performed his residency in neurosurgery in 1985. Chesnut's areas of interest are trauma and head trauma, specifically spinal cord and head injury, which he will continue to study at SFGH. He believes the difference between an acceptable and an optimal outcome from central nervous system injury lies in the perfect coordination of surgical and medical care. "It is up to centers such as SFGH not only to provide these services, but to serve as leaders and educate others as well," he says.

Publications

Hoyle Leigh, psychiatry, Fresno, VAMC: Editor, *Consultation-Liaison Psychiatry: 1990s and Beyond* (Plenum Press, New York, 1994).

Jay A. Levy, medicine & CRI: Editor, *The Retrociridae (Vol. 3)* (Plenum Press, New York, 1994); co-author, *Virology,* 3rd Edition (Prentice Hall, New Jersey, 1994).

Contracts & Grants

Information on contracts and grants is made available to this paper through individual departments, researchers or the funding agency.

James D. Marks, anesthesia: Received $200,000 from the Arnold and Mabel Beckman Foundation for "Production of High Affinity Human Antibodies Directed Against Novel Cell Surface Tumor Antigens."

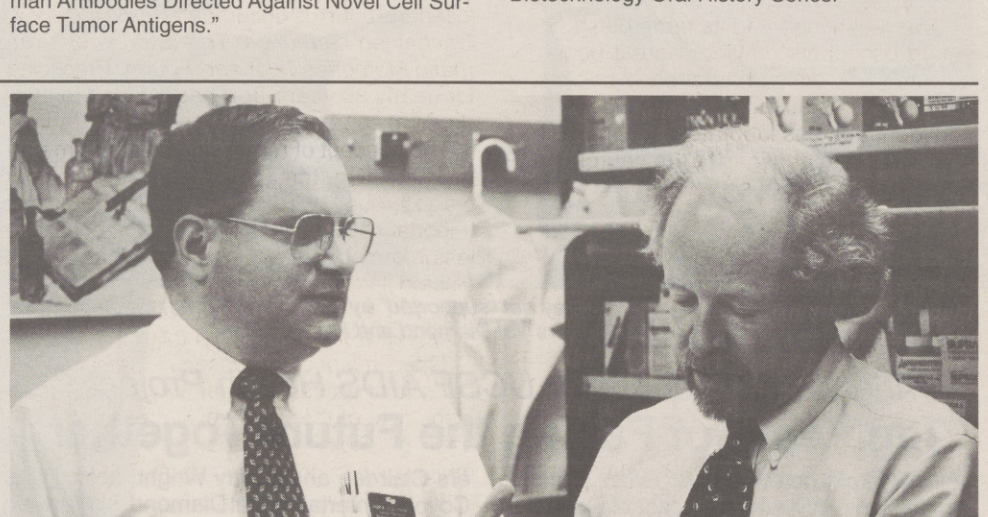
Sally Smith Hughes, History of Health Sciences: Received $13,750 from the UC Systemwide Biotechnology Research & Education Program and $10,000 from the Genentech Foundation for Biomedical Sciences to continue her department's UCSF Molecular Biology & Biotechnology Oral History Series.

Pharmacists work with physicians to improve drug therapy

Pharmacists have for some time served as drug information consultants to physicians with specific drug-related questions. At the Ambulatory Care Center's General Internal Medicine Group Practices, clinical pharmacists also informally co-manage the chronic drug therapy of selected patients with multiple problems, at the request of their primary provider. The clinical pharmacists now plan to formalize this co-management through a new project called the UCSF's Pharmacists Co-management Project funded by a $30,000 gift from Marion Merrell Dow Inc., with additional support from Upjohn Pharmaceuticals.

Heading this 18-month project are School of Pharmacy clinical pharmacists Ron Finley and Andrew Leeds. "We will be evaluating 25 patient referrals, most over the age of 65, who are being prescribed at least three medications at the same time," says Leeds. "The ultimate goal of the project is to demonstrate that, in a primary care setting, direct pharmacist co-management of selected patients can improve patient outcomes by effectively optimizing drug therapy," says Finley.

The project will give the pharmacist the responsibility for many aspects of the patient's drug therapy. Pharmacists will work with physicians and patients to promote optimal drug therapy, to increase patient satisfaction and deliver better health care.



Allen J. Balderson

Andrew Leeds (left) goes over a patient's drug therapy with Ron Finley.

Audit *(from page 1)*

search so far has turned up hundreds of documents, each of which must be reviewed by the University to determine which can be released under the California Public Records Act.

• Assigning a special assistant to the Vice Chancellor for Academic Affairs to oversee the financial management and monitor the administration of the CPRT program.

Previous financial reviews of the CPRT recommended changes in management procedures and administrative practices.

Once the State Auditor's report is received UCSF will have 30 days to respond to the issues raised.

UC policy and administrative guidelines issued in late 1990 and early 1991 require that campus support groups receive formal recognition in order to raise funds or provide other campus support. Chancellor Martin began efforts at UCSF more than a year ago to bring all campus support groups into compliance with this UC policy. UCSF support groups and foundations again received formal notice in July 1994 from Chancellor Martin that they must comply with the policy requirements and formally register as UCSF support groups or drop all affiliation with the campus. The groups must respond to the letter by September 30, 1994 and must complete the process of registering as a recognized support group or drop their campus affiliation by December 31.

Among the steps required for recognition as a campus support group, organizations must agree to campus oversight of fundraising activities; accounting, cash management, and disbursement; and documentation and record keeping.

Only recognized UCSF support groups may use the University's name or resources in connection with their efforts.

The Foundation for Medicine, the support group expected to be included in the state review, should not be confused with the official UCSF Foundation, the primary fund raising organization for the campus. The UCSF Foundation, which raised 95 percent of the funds donated to the campus in 1993-94, is not under scrutiny.

In related action, UC President Jack W. Peltason recently ordered the acceleration of the review of compliance with University policy regarding campus support groups. That review now is being conducted by chancellors at all UC campuses. Peltason directed the chancellors to report results to V. Wayne Kennedy, senior vice president for business and finance, who oversees administrative policy compliance.

Survey *(from page 1)*

the diversity of opinions within the publication.

The publication will be evolving over the next several months with new features, including a police column to point out trouble spots and provide helpful tips on how to avoid them. An "Inside UCSF" column, which will provide some interesting and funny facts about this campus, will be added as well. And, we plan to incorporate more graphics so that the publication is more visually pleasing.

Most of the changes will not be occurring overnight. But, they *will* occur. We hope you notice and appreciate them.

Future comments may be directed to Allen Balderson, editor, *UCSF Newsbreak/ Medsounds,* at 476-3163.

Correction

The article in the last issue of *Newsbreak/ Medsounds* about upcoming HIV conferences listed an incorrect phone number for the third annual "Women & HIV Update" on Thursday and Friday, October 13 and 14 at the Palace of Fine Arts Theater. The correct phone number is 554-9630. Deadline for preregistration is Friday, October 7.

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Deadline for the next issue, which will cover October 1-14, will be on **Monday, September 20, at 11 a.m.** Please send campus news copy to Allen Balderson (476-3163), Medical Center news to Lisa Cisneros (476-3256), and calendar and gazette items to Michele Firpo (476-3257), all at Box 0462; fax 476-3541. Last-minute copy may be taken over the telephone by calling the above telephone numbers. The University of California is an affirmative action/equal opportunity employer.

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$2.5 million donation for neurobiology lab

Researchers now have a new place to brainstorm about the brain thanks to Nina Ireland, a longtime San Francisco resident who donated $2.5 million to renovate the 40-year-old first floor wing annex of LPPI. What was once a dreary subterranean space now houses the contemporary, bright Nina Ireland Laboratory of Developmental Neurobiology.

"I think highly of UCSF and of Langley Porter Psychiatric Institute in particular," says Ireland.

Medical school dean Haile Debas says researchers at the lab have "great potential to uncover important problems in child psychiatry including mental retardation and autism."

The lab houses 32 work stations and offices for its three principal investigators: John Rubenstein, Larry Tecott and Mark von Zastrow, each of whom has an MD and PhD and full training in clinical psychiatry and in a special area of neurobiology.

On campus now for three years, Rubenstein will continue his studies of the organization of the embryonic forebrain and the genes that control it. "We're trying to understand the genetic causes of neurodevelopmental disorders," he says.

Working to comprehend how serotonin affects mood and brain development, Tecott is studying the genes for serotonin receptors. He received his training at UCSF as a medical student, psychiatry resident and postdoctoral fellow. Tecott joined the faculty in July.

Recently recruited from his position as a postdoctoral fellow at Stanford University, von Zastrow will continue his research on the metabolism of neurotransmitter receptors and their interaction with therapeutic drugs and drugs that are abused.

The new lab is part of the Center for Neurobiology and Psychiatry, explains Samuel Barondes, center director and professor of psychiatry. Researchers at three other labs of the center study molecular neurobiology, neurogenetics and memory at the systems and cellular level.

"The Ireland lab and its three outstanding young occupants provide a great boost for our program, which has already become a model for the nation," says Barondes. "I am confident that this laboratory will make truly significant contributions to the neurobiological foundations of pyschiatry."

$200,000 for study of ataxia

A Placer County resident, the late Henrietta Kleinschmidt, has bequeathed almost $200,000 to UCSF for the study of ataxia, a disorder of coordinated movement that results from disease of the cerebellum.

The bequest will be used to establish the UCSF Kleinschmidt Laboratory for Ataxia Research, which will integrate ataxia programs currently within the Department of Neurology, and to recruit a scientist who will head a new ataxia research program. Endowment income will be used to support research into genetic causes of ataxia and into correction of identified genetic defects that result in ataxia.

Kleinschmidt, who died in 1992 at the age of 92, had already established in the department the Henrietta Kleinschmidt Fund for Ataxia Research.

A Fresno Regional Medical Network

In a report released in late July, a special UCSF Fresno Task Force recommended that the campus play a major role in bringing about a Central California Regional Medical Network to develop an integrated regional health care system.

According to Chancellor Joseph Martin, "The project not only will provide a framework to best serve the medical needs of a rapidly growing region, but we foresee that the Network might also serve as a prototype for future health care systems."

The report also recommends that community hospitals of Central California become a principal educational site for UCSF, joining current principal sites at Valley Medical Center, Valley Children's Hospital, and the Fresno VA Medical Center. UCSF family practice residency training began at Fresno Community Hospital on July 1.

More than 1,400 physicians have graduated so far from UCSF's existing primary care residency program in Fresno.

Separating fact from fiction

Controversy continues over recovered memory

By LISA CISNEROS

The frailty of memory is unquestioned, but the debate continues whether recovered memories of trauma can be considered any more reliable than ordinary ones.

The crux of the controversy is how to separate fact from fiction in repressed memory, the phenomenon in which an adult may suddenly remember a traumatic event such as sexual abuse years after the fact.

Called "quackery" by its critics, termed unreliable by a political statement of the American Medical Association (AMA) and criticized by a large lobbying group that claims an epidemic of bogus charges based on long-buried memories has ruined the lives of those falsely accused, recovered memory has even divided mental health professionals.

The American Psychological Association has a task force studying the subject and Richard Ofshe, a UC Berkeley social psychologist, wrote a book to be published this fall denouncing recovered memory.

Despite the conflict, nationally renowned UCSF psychiatrist Lenore Terr maintains her strong conviction that working with previously lost memories is a legitimate way to help victims of trauma and to hold those inflicting it responsible.



David Powers

Lenore Terr with a young patient

Memory on trial

Terr's observations in memory lapses in traumatized children prompted her to testify four years ago in the San Mateo murder trial of former fireman George Franklin, accused of killing 8-year-old Susan Nason. The star witness was his daughter, Eileen, who testified that she had seen her father rape Susan, crush her skull and dump her body. Eileen had repressed the memory for 20 years only to remember the grizzly scene after seeing her own daughter look at her in a way Susan did minutes before her death.

Eileen's story and Terr's testimony that repressed memories are believable proved critical to the jury finding George Franklin guilty of murder beyond a reasonable doubt. That landmark case, which is pending appeal in federal court, is documented in Terr's book, *Unchained Memories: True Stories of Traumatic Memories Lost and Found.* Practicing for nearly 30 years, Terr has listened to hundreds of separate childhood tales of trauma.

The concept of repression differs from normal forgetting, Terr, 58, explains. "A lot of what we go through is discarded because it's just not important," she says. "If we kept all that useless information, it would clutter our heads. We discard information because we don't care about it. Where there is conflict or trauma, however, we remember things from the past."

The concept of repressed memory has not been fully proven. And although most clinicians accept the theory of repression developed by Sigmund Freud in the 1890s, the major point of contention today is how accurate a long-buried memory is once it surfaces.

Terr does not deny the possibility that patients can make mistakes even though their memory is detailed. That's why she recommends in her book that people "take a returning childhood memory for what it is — a slightly flawed product from an active and developing mind."

But the AMA's House of Delegates policy statement says "The use of recovered memories is fraught with problems of potential misapplication. Few cases in which adults make accusations of childhood sexual abuse based on recovered memories can be proved or disproved. It is not yet known how to distinguish true memories from imagined events in these cases."

Terr insists that the AMA is wrong.

Describing the association as an "old boy network" lacking women in its House of Delegates, the political arm which wrote this policy statement, Terr says she was never asked by the AMA about her research with recovered memories, a fact in keeping with psychiatry's traditional role as a "stepchild" in the medical profession. "The AMA is notorious for not talking to psychiatrists," says Terr. "Every year as I pay my dues, I wonder why."

Separating fact from fiction

In the Franklin case, Terr spent weeks verifying Eileen's memory by finding external and internal evidence that supported it. External evidence is found by corroborating the memory with family and friends and internal evidence is discovered by recognizing signs and symptoms in the victim. "You can't be exposed to a real traumatic event and not show signs or symptoms," Terr says.

But Terr's interpretation of repressed memory did not convince a Napa jury when she testified recently on behalf of a therapist and a psychiatrist accused of malpractice. In that case, the jury held the two mental health practitioners and an Anaheim medical center responsible for negligently reinforcing Holly Ramona's belief that her father, former wine executive Gary Ramona, had raped her as a child. And while the jury awarded $500,000 to Gary and did not rule on his guilt or innocence, the verdict means therapists can be held accountable for non-patients and warns them to be cautious when delving into repressed memory.

Terr, who was convinced the evidence in this case confirms Holly's memories, says the verdict will have a greater chilling effect on survivors of abuse than on therapists. "I'm more concerned that it will stop people from coming forward when they are in pain."

She freely admits there are documented cases of parents, investigators and therapists suggesting or leading children or adults to tell false stories of abuse. But, Terr, who does not advocate using hypnosis, guided imagery or sodium amytal, says the number of false memory victims is minimal compared to those coping with true repressed memory.

An authority on mental health since her residency at the University of Michigan, Terr has taught periodically at Boalt School of Law at UC Berkeley since 1971.

Terr tried to overturn the law that requires children to testify against their parents. She consulted in a case involving an abusive father who beat a boy and his mother repeatedly. When the mother stabbed the father in retaliation, the boy was forced to testify against his mother. When the jury acquitted the mother because it ruled she had just cause for killing him, the acquittal stifled that chance to overturn the law in the Court of Appeals.

Terr recently testified in another case involving a manic depressive patient interested in continuing her disability coverage. The insurance company, arguing that the condition is emotional and not biological, refused. Terr, who argued that there is a chemical imbalance and a genetic propensity in her disorder, learned that the federal court ruled in favor of the woman.

A small group of dedicated citizens changing the world



Allen J. Balderson

Outside SFGH before the awards ceremony: Michael Rodriguez (far right) with Posse members (left to right) Margie Cherry, Malia Irby, Irene Roque and Victoria Rames. Behind them are Mayor Frank Jordan and SFGH administrator Richard Cordova.

"Violence is the number one killer of youth in California," said SFGH family physician Michael Rodriguez as part of his opening remarks during an award ceremony on August 24 to honor 80 young people, all members of the City's Peace Posse. The Posse, the City's part of President Clinton's national Summer of Safety Program, spent 10 weeks working with existing city coalitions in the City's worst neighborhoods, including Bay View Hunters Point and the Mission, to try to help put an end to the senseless violence perpetrated by youth.

Before receiving her award from Mayor Jordan, one Peace Posse member whose name was Nadia said, "We helped get the gangs off the streets by taking them on field trips, picnics, camping, and just talking to them. We even played basketball all night. At least we knew that even for one night the youth were safe."

Rodriguez and trauma surgeon Geno Tellez helped train the Posse, which was made up of African American, Latino and Asian American youth, some of whom were former perpetrators of violence. Both Rodriguez and Tellez are on SFGH's Violence Prevention Task Force, which Rodriguez chairs. Rodriguez also is associate director of the Pacific Center for Violence Prevention at SFGH.

Today/Tomorrow

10 Saturday

LOW VISION FORUM: Don Brown, Berkeley Council of the Blind & disability programs, SF State Univ., discusses information access advances being made for the blind and those with low vision. Forums are held on the first Saturday of each month. Main foyer, ACC. 11 a.m.-1 p.m. Call Frances Neer at 626-5313 for information.*

11 Sunday

WALK FOR THE CURE

Join the UCSF team to help raise funds for the Juvenile Diabetes Foundation at the 5K or 10K Walk for the Cure. Marx Meadow, Golden Gate Park. 9 a.m. Call 476-5029 to register.*

12 Monday

RETIREMENT SYSTEM EXPLAINED

The Benefits Office presents one-hour lectures describing UC Retirement System. (See schedule of meetings on page 6.)

UCSF STAFF COUNCIL MEETING: Meets second Monday of each month at various locations. S 609. Noon-2 p.m. Call 476-5756 for more information.

WEIGHT MANAGEMENT PROGRAMS INFORMATIONAL MEETING: Review of weight management program options available at UCSF. A 455. 12:15-1 p.m. Call 476-9987.*

ART FOR FALL

Paintings by Mardi Horowitz, Cntr. for the Study of Neuroses, will be on display weekdays or by appointment through Wed., Nov. 30. Opening reception for artist on Tues., Sept. 20. 5-7:30 p.m. Fac/Alum House. Call 476-4723.*

13 Tuesday

MASS SPECTROMETRY SYMPOSIUM

The Third International Symposium on Mass Spectrometry in the Health and Life Sciences takes place Sept. 13-18. Thirty world authorities from this expanding field will speak on topics from new technologies and instrumentation through femtomolar-level sample preparation, protein biology, lipids, nucleic acid research and more. Judith Vaitukaitis, Natl. Cntr. Research Resources, NIH, presents the opening address. Ritz-Carlton Hotel, 600 Stockton. Call Marilyn Schwartz at 476-2582 for more information.*

NEW EMPLOYEE ORIENTATION: S 214. 8:30-10 a.m. Call 476-1073 to schedule.

DOMESTIC VIOLENCE & HEALTH PROFESSIONALS

What Health Care Professionals Need to Know About Domestic Violence. Sarah M. Buel, Domestic Violence Unit, DA's Office, Suffolk County, MA. Sponsored by Ob/Gyn & Repro Sci. Supported by Wyeth-Ayerts Labs. S 1364. 9-10 p.m.*

WOMEN'S RESOURCE CENTER PRESENTATION: *From Ashes to Life: How Do I Survive Without Hate?* Lucille Eichengreen, author, shares her expeirence and memories as a holocaust survivor. Toland Hall. Noon-1 p.m. Call 476-5222.*

MEDICAL CENTER VOLUNTEER ORIENTATION: To acquaint new & potential volunteers with opportunities available at the Medical Center at UCSF. LPPI Aud. 5:30-8:30 p.m. Call 476-1196.*

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. 5:30-7:30 p.m. Call 285-6767.*

THE NEXT DEADLINE

Tues., Sept. 20, 1994 is the next deadline for items to be listed in the next calendar, which covers **Oct. 1-14, 1994** (two weeks). Complete information must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, send a fax to 476-3541, bring it to UCSF/Laurel Heights, 3333 California St., Suite 103 or call 476-3257.

COMMUNITY CHORUS PREPARES TO PERFORM

The UCSF Community Chorus meets in preparation to join the San Francisco Choral Society's celebration of its fifth anniversary with performances of the Verdi *Requiem* on November 19 and 20 at the Nob Hill Masonic Center. For more information, call 566-8425 or 749-5511. Cole Hall. 6:30 p.m.

14 Wednesday

MOUNT ZION VOLUNTEER ORIENTATION: To acquaint new & potential volunteers with opportunities available at UCSF/Mount Zion. Herbst Hall, MZ. 9-11:30 a.m. Call 885-7353.*

BROWN BAG LECTURE SERIES: *Dyslexia Through Life.* Linda Davenport, Ped., explores what can and cannot be done about dyslexia. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

15 Thursday

MISSION CENTER BROWN BAG SERIES: *Origins of the Health Care Crisis and Alternative Solutions.* Mark Schiller, Psychr., discusses alternative health care reform ideas. Rm. 125, MCB. Sponsored by Campus Tours/Speakers Bureau. Noon-1 p.m. Call 476-4394.*

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. Noon-1 p.m. Call 285-6767.*

PRIMARY CARE & HEALTH PROFESSIONS SEMINAR: *Physician Retraining in Primary Care: The Forces Behind the Phenomenon.* Sarena Seifer, Inst. Hlth. Policy Stud. C 130. 3-5 p.m Call Seifer at 476-4465.

16 Friday

NEW STUDENT FAIR

The Schools of Dentistry, Medicine, Nursing and Pharmacy and the Graduate Division are sponsoring the 4th Annual Student Fair where entering students learn about the campus and registered campus organizations. The fair replaces the individual school orientations of years past. Millberry Gym. 11 a.m.-2 p.m.

INSTITUTE OF HEALING ARTS & SCIENCES SEMINAR: *Wealth & Health: The Powerful Combination.* Stephen V. Mart, retired professor. N 721. Noon-1 p.m.*

17 Saturday

WOMEN'S RESOURCE CENTER WORKSHOP: *Food Addiction: Learning About Recovery.* Psychologist Marlena Kushner helps participants understand underlying emotional and psychological motivations behind eating disorders and key factors in treatment and recovery. $20. C 130. 10 a.m.-12:30 p.m. Call 476-5222 to pre-register.*

18 Sunday

LIFESPAN 10K

Kick off the 1994-95 United Way campaign by walking or running to help raise funds for the Hydrocephalus Assocation at Lifespan's Bay Bridge 10K Walk/Run. Starts at the Bay Bridge toll plaza and ends at the Ferry Building. Call 776-4713 for information.*

20 Tuesday

FREE PROSTATE SCREENINGS

Open to all men over 50, and men 40-49 with a family history of prostate cancer or who are African-American. Sponsored by Uro. By appointment only. Call 476-8798.*

- Sept. 20: Urology-Oncology Clinic, 5th fl., 2356 Sutter.
- Sept. 21: Urology Clinic, 6th fl., ACC.

MOUNT ZION BROWN BAG LECTURE SERIES: *Your Bones and Osteoporosis.* Claude D. Arnaud, medicine & Prog. in Osteoporosis & Bone Bio. Sponsored by Campus Tours/Speakers Bureau. Herbst Hall, MZ. Noon. Call 476-4394 for information.*

"EXPLORING THE FRONTIERS OF MEDICINE" BIOTECHNOLOGY LECTURE SERIES: *Pain: Taming an Ancient Nemesis.* Several UCSF faculty members discuss pain and how to cope with it at this lecture series in the Financial District. Sponsored by the Chancellor's Office and Bay Area Bioscience Cntr. Ralston Rm., Sheraton Palace Hotel, 2 Montgomery St. 12:30-1:30 p.m. (See page 5, Upcoming Events.)*

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. 5:30-7:30 p.m. Call 285-6767.*

21 Wednesday

BROWN BAG LECTURE SERIES: *Rx for Gambling Fever.* Paul Good, Psych., discusses why more opportunities for gambling mean more casualties. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

GREAT EXPECTATIONS PROGRAMS FOR PARENTS FILM SERIES: *Birth Alternatives: Adapting Home Birth Methods to Hospital Birth.* Video presentation of *Trusting Nature* and discussion about preparing for labor support, comfort measures and non-pharmacologic pain management. A 326. 7-8:30 p.m. Call 476-6667.*

22 Thursday

PASSPORT FASHION SHOW & BENEFIT

FibreOptic. Macy's 12th Annual PASSPORT fall fashion show benefits UCSF AIDS Programs and Project Open Hand. Fort Mason. Call (510) 762-BASS for information and tickets. Call 476-7082 for information on gala and VIP tickets. (See item on page 5, Upcoming Events.)*

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. Noon-1 p.m Call 285-6767.*

BRING A KID'S BOOK

The Friends of Marilyn Reed Lucia Child Care Study Center invite you to a "Bring Your Own Book" party to build the Center's collection of children's books for 2- to 5-year-olds. Featuring storyteller Carolyn Edwards. Child Care Study Center. 5-7 p.m. RSVP at 476-1616 by Fri., Sept. 16.

WEIGHT MANAGEMENT PROGRAMS INFORMATIONAL MEETING: Review of weight management program options available at UCSF. A 413. 7-8 p.m. Call 476-9987.*

23 Friday

INSTITUTE OF HEALING ARTS & SCIENCES SEMINAR: *Mandalas, Personal Mythology, Autobiography and Integral Health.* Ariosto Coelho, author. N 721. Noon-1 p.m.*

24 Saturday

MEN'S HEALTH MORNING

Special community program focusing on men's health issues such as prostate cancer and how to stay healthy while growing older. Sponsored by UCSF/Mount Zion Center on Aging. Laurel Heights Conf. Cntr. 9 a.m.-noon. Call 750-4194 for reservations and more information.*

26 Monday

LOOK GOOD, FEEL BETTER

This free workshop provides expert advice on makeup, wigs and the use of turbans to women receiving chemotherapy or radiation. UCSF/MZ Cancer Cntr., 2nd fl., 2356 Sutter St. 1:30-4:30 p.m. Call 885-3693 to register.

27 Tuesday

NEW EMPLOYEE ORIENTATION: S 214. 8:30-10 a.m. Call 476-1073 to schedule.

PSYCHIATRY & BLACKS

Mental Health? Psychiatric Services for Blacks. Michelle Clark, Psychr. & Black Focus Prog., discusses issues of race, ethnicity and gender in pscyhiatry. Sponsored by Women's Resource Cntr. Toland Hall. Noon-1 p.m. Call 476-5222.*

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. 5:30-7:30 p.m. Call 285-6767.*

MOUNT ZION MEETING

Regular monthly community meeting to discuss any issues of concern, including construction plans, related to the UCSF/Mount Zion campus. Exec. Board Rm., MZ. 7 p.m. Call 476-3206.*

28 Wednesday

BROWN BAG LECTURE SERIES: *The Pursuit of Science & Art.* Frank Hinman, Jr., asks whether art and science are mutually exclusive, and discusses some noted scientists who also were artists. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

PRIMARY CARE DAY

UCSF celebrates national primary care day with a panel discussion. Call Terry Baldocchi at 476-8081 by Fri., Sept. 16 to attend. Cole Hall. Noon-2 p.m. (See story on page 7.)

29 Thursday

TAY-SACHS SCREENING: For pregnant couples. Part of the California Tay-Sachs Disease Prevention Program. Reproductive Genetics Clinic, Suite 810, 350 Parnassus. Opens 9 a.m. Call 731-3437 for more information.*

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. Noon-1 p.m. Call 285-6767.*

WOMEN'S RESOURCE CENTER ANNIVERSARY

The Women's Resource Center celebrates its tenth year of service to the campus and community with an event combining a reception and "silent auction" fundraiser. Door prizes awarded throughout the event. UCSF Club. 4:30 p.m. Call 476-5222 to volunteer, to make a donation or for more information.

COLE HALL CINEMA RETURNS

Come see the new lobby and catch the first show of the quarter: *Schindler's List.* UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 5 & 8:45 p.m. (Movies subject to change.) Call 476-2542.*

30 Friday

INSTITUTE OF HEALING ARTS & SCIENCES SEMINAR: *Awakening Female Power.* Karen LaPuma, author, calls to men and women to awaken the Goddess Warrior. N 721. Noon-1 p.m.*

ARTS & PERFORMANCES COLE HALL CINEMA: *Schindler's List.* UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 6 & 9:45 p.m. (Movies subject to change.) Call 476-2542.*

DEVELOPMENT & TRAINING

For further information call 476-4032.

Pre-Supervisory Training. Wed. & Fri., Oct. 5, 7, 12, 14. 9 a.m.-noon. $90.

Travel Expense Processing. Thurs., Oct. 13. 1-4 p.m. $40.

Post-Award Management of Extramural Funds. Wed., Oct. 19, 26. 8:30 a.m.-12:30 p.m. $60.

Resolving Sexual Harassment: What a Manager Needs to Know. Thurs., Oct. 20. 8:30 a.m.-noon. $15.

Materiel Management Workshop — Module I. Fri., Oct. 21. 8:30 a.m.-12:30 p.m. $50.

Vendor Payments. Tues., Oct. 25. 1-4:30 p.m. $40.

Materiel Management Workshop — Module II. Fri., Oct. 28. 8:30 a.m.-12:30 p.m. $50.

CONTINUING EDUCATION

MEDICINE

For program information call 476-4251. To register call 476-5808 unless otherwise noted.

Musculoskeletal Problems in Primary Care. Carr Aud., UCSF. Sept. 24.

Breast Cancer — 1994. Sheraton Palace Hotel, SF. Sept. 25-27. (See page 5, Upcoming Events.)

Cardiology Update — 1994. Carmel Valley Ranch Resort, Carmel. Oct. 13-15.

Third Annual Women & HIV Update. Palace of Fine Arts Theater, SF. Oct. 13-14.

September 10-30, 1994

ONGOING SUPPORT GROUPS/MEETINGS

MONDAY

JEWISH WOMEN'S DIALOGUE GROUP: Meets every other Monday. Call 476-6423 for dates & locations.*

FRIENDS OF LOIS AL-ANON MEETING: Closed meeting: for friends & families of alcoholics only. Conf. Rm. A, 3rd fl., MCB. Noon. Call 626-5633.*

COLO-RECTAL CANCER SUPPORT GROUP: Meets on the second and fourth Mondays of each month. Reservations must be made at 929-7114. No drop-ins will be allowed. UCSF/Mount Zion Cancer Center, 2356 Sutter. 6:30 p.m.*

UCSF AIDS HEALTH PROJECT MEDITATION & SELF-HYPNOSIS WORKSHOP: Weekly discussion group for anyone dealing with HIV or AIDS in themselves or others. Gazebo Rm., Davies Med. Cntr. 7-9 p.m. Call 476-3902.*

TUESDAY

SFGH CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF/SFGH. Meets monthly at noon. Call 476-5222 for dates & location.

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

CAMPUS AMNESTY INTERNATIONAL MEETING: Meets first Tues. of each month. MU 111W. Noon-1 p.m. Call 476-0576.*

OVEREATERS ANONYMOUS MEETING: OA literature & discussion meeting. N 617. Noon.*

PARKINSON'S DISEASE EDUCATION & SUPPORT GROUP: For people with Parkinson's & their caregivers. Third Tues. of the month. Christ Church, Lutheran, 1090 Quintara (at 20th Ave.). 2-4 p.m. Call 476-9276.*

BREAST CANCER SUPPORT GROUP: For women diagnosed or being treated at UCSF/Mount Zion or UCSF/Parnassus. Begins Tues., Sept. 13. UCSF/Mount Zion Cancer Cntr., 2nd. fl., 2356 Sutter (near Divisadero). 5:30-7 p.m. Pre-registration necessary. Call 885-3693 or 388-3742.*

NURSES' PAIN ASSOCIATION MEETING. Meets the second Tuesday of the month. S 22. 5:30-7:30 p.m.*

BRAIN TUMOR SUPPORT GROUP: First Tues. of the month. S 758. 7:30-9 p.m. Call 284-0208.*

WEDNESDAY

GAY, LESBIAN, BISEXUAL ASSOCIATION AT UCSF MEETING: Meets second Wednesday of each month, including members of the Chancellor's Committee on Gay, Lesbian & Bisexual Issues. Call hot line at 282-9650 for more information.

"AT THE HEART OF IT" CARDIAC SUPPORT GROUP: For heart patients to share experiences, successes, concerns & anxieties. An ongoing six-week series. Call Kathleen Congdon at 885-7227.*

SUPPORT GROUP FOR FAMILY/FRIENDS OF THOSE WITH MENTAL ILLNESS: Open to anyone interested in learning more about psychiatric disorders & their treatments. Call Laura Deering-Mayclin at 476-7394 for more information.*

LATIN AMERICAN CAMPUS ASSOCIATION MEETING: Meets second Wednesday of each month. HSW 508. Noon. Call Al Lopez at 476-1334.

LATIN WOMEN COALITION: For Latina faculty, staff & students. Noon-1 p.m. Call Betty Jerez at 476-7117 for meeting places & dates.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. Observers welcome. C 417. Noon-1 p.m. Call 626-5633.*

STEP-FAMILY SUPPORT GROUP: For parents & step-parents. Call Sandra Norberg at 476-6389 for dates and location.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Conf. Rm. A, 3rd fl., MCB. 12:05 p.m. Call 621-1326 for more information.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

SUPPORT GROUP FOR RAPE SURVIVORS: Sponsored by Women's Resource Cntr. Meets every Wednesday. $180 for ten sessions. Intake interview required. 6-8 p.m. Call 476-5222 for location & to pre-register.*

EATING DISORDERS SUPPORT GROUP: Open to anyone dealing with an eating disorder in themselves or others. Meets every Wednesday. M 688. 7-8:30 p.m. Call 332-3425.*

CO-DEPENDENTS ANONYMOUS MEETING: A twelve-step program for people who have dysfunctional long-term relationships. Meets every Wednesday. LP 01 (LPPI basement). 8-9:30 p.m. Call 432-3529.*

THURSDAY

LESBIAN LUNCH GROUP: Monthly on Thursdays. Call 476-5222 for meeting dates & locations.*

HEAD & NECK CANCER SURGERY SUPPORT GROUPS: Separate groups for patients and patients' families meet simultaneously and weekly on Thursdays. UCSF/Mount Zion Cancer Cntr., 2356 Sutter, 2nd fl. 1-2 p.m. Call 885-7623.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m. Call 621-1326 for more information.*

SUPPORT GROUP FOR WOMEN LIVING WITH LIFE-ALTERING ILLNESS: Alternate Thursdays. 6-8 p.m. Call 775-2854 to preregister & for locations.*

FRIDAY

CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF. Most Fridays. Noon-1 p.m. L 535. Call 476-5836.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m. Call 621-1326 for more information.*

LAKESIDE SENIOR MEDICAL CENTER CAREGIVER SUPPORT GROUP: Meets on the first Friday of each month. $10 per meeting. 2501 Ocean Ave. at Junipero Serra. 2-4 p.m. Call Edith Kaplan at 986-2305.*

For information on 12-step and support groups (other than AA and Al-Anon), call the Mental Health Association of San Francisco at 921-4044.*

AIM FOR WELLNESS

UCSF Medical Group and Health Net offer the following health education programs. Call 476-0373.*

- Mon. & Wed., Sept. 12-28: *Fresh Start Quit Smoking Program.* A three-week, six-session program offered by the American Cancer Society. $24.50 for Health Net, UCSF Medical Group & SFMG members. Call 394-7100 to register.*
- Thurs., Sept. 15: *Eating Well.* Claudia Lutz, Nutr. & Diet., explains the new "food pyramid" and how to improve your eating habits, increase your energy and lose weight. Herbst Hall, MZ. 6-7:30 p.m.
- Tues., Sept. 20: *Managing Menopause.* Learn what physical and emotional changes to expect during menopause and beyond, what to do to maintain health and wellness and what treatment options are available. LPPI Aud. 6-8 p.m.*
- Thurs., beginning Sept. 22: *Shapedown Weight Management for Children.* (See story on page 6.)*

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms — X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their doctor's full name, address (including room number & zip) and phone number to assure that results are mailed promptly. The procedure takes approximately 20 minutes and costs $60. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.*

Because the service has become so popular and appointments are filled by the time this calendar is published, we list only dates when the van will be at UCSF locations and when appointments are still available:

- Thurs., Sept. 1: UCSF/Daly City, 333 Gellert Blvd.
- Fri., Sept. 30: UCSF/Parnassus at Medical Center Way.

*Open to the public.

Upcoming Events

Managing pain lecture

UCSF researchers and physicians will discuss the latest findings on managing pain at a free lecture on Tuesday, Sept. 20, from 12:30 to 1:30 p.m. at the Sheraton Palace Hotel.

"Pain: Taming an Ancient Nemesis" is the third in a series of four public lectures titled "Exploring the Frontiers of Medicine," sponsored by UCSF and the Bay Area Bioscience Center.

UCSF researchers on the lecture panel are Allan Basbaum, anatomy; Howard Fields, neurology; Jon Levine, neurobiology; Mike Rowbotham, neurology; and Wolfgang Sadee, pharmaceutical chemistry.

These faculty members and others at UCSF have made significant progress in understanding the body's processes for reporting and controlling pain. Their work involves development of strategies for dealing with all kinds of pain, from the chronic torment of arthritis to the immediate agony of wounds and burns, to the devastating effects of narcotic withdrawal.

For more information about the lecture series, call 502-2842.

Macy's PASSPORT '94

UCSF AIDS Programs and Project Open Hand will be the two beneficiaries of Macy's 12th annual PASSPORT fall fashion show Thursday and Friday, September 22 and 23, at Fort Mason Center. The event is entitled PASSPORT '94 "FibreOptic."

Honorary chairs of the gala are husband and wife Paul Volberding, professor of medicine and director of the AIDS Program at SFGH, and Molly Cooke, associate professor of medicine and chair-elect of the Project Open Hand Board of Directors. Committee co-chairs include Robert and Margrit Mondavi, Walter and Ellen Newman, and Robert and Colleen Haas.

PASSPORT will enable UCSF to launch the groundbreaking of the UCSF/Macy's AIDS Program in Creative Therapies that will bring together the work of clinicians and researchers, the biotechnology industry, and academic scientists from around the country to focus on the development of new AIDS therapies.

For general information and tickets call (510) 762-BASS. For gala information and VIP tickets call 476-7082.

Mental health forum

Mental health professionals who need to diagnose psychiatric illnesses are invited to a symposium Friday, Sept. 23, from 8:30 a.m. to 1 p.m. in Carr Auditorium at SFGH.

The Department of Mental Health Services and SFGH are sponsoring the forum to update professionals on the fourth edition of the Diagnostic Statistical Manual (DSM). Topics for discussion include psychotic, mood, anxiety, cognitive, substance-related and childhood disorders.

Participants will be able to describe and apply the major changes in DSM-IV as well as gain an understanding of how culture, age and gender can affect diagnosis. Physicians and nurses that attend will be eligible for four hours of continuing education credit upon completion of an evaluation form. Reservations are required. A $5 donation is suggested. For more information, call Rebecca De La Cruz at 255-3420.

Breast cancer forum

Senator Dianne Feinstein is an invited guest speaker at "The State of Breast Cancer 1994: An Interactive Symposium" slated for Sept. 25 through 27 at the Sheraton Palace Hotel.

Advances in breast cancer have been occurring in the areas of basic science, diagnostics and therapeutics. But there is considerable controversy as to the optimal direction of progress and strategies necessary to counter the numerous limitations that yet remain. With a broader appreciation of the need to approach the problem of breast cancer in a cooperative multidisciplinary fashion, this forum features several workshops on subjects including identifying women at high risk, prevention, public policy, screening and different therapies.

The symposium is presented by the Division of Oncology, Department of Medicine at UCSF School of Medicine and is sponsored by the Office of Continuing Medical Education. Fees are $350 for physicians and $250 for allied health professionals.

To register, call 476-5808. For more program information, call 476-5208.

Wives celebrate 75 years

UCSF Faculty Wives and Associates will celebrate 75 years of service to the campus on Wednesday, Oct. 5 from 1:30 to 3:30 p.m. at the Chancellor's house behind the campus.

Organized in 1919 as "Ladies of the Medical Faculty of UCSF," to bring about a more "cordial relationship among wives of the Medical School," the group has had several name changes reflecting its changing role over the years. As UCSF grew new groups took over functions originally performed by the "wives" group. It now directs its activities to benefit students and has raised more than $300,000 for student loans and grants while continuing to be a social club.

For information and reservations, call Judy Rosenthal at 342-9188.

Gladstone hosts AIRI

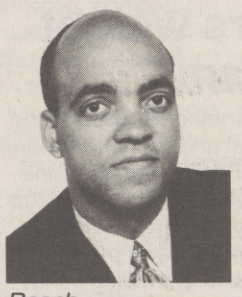
The J. David Gladstone Institutes is hosting the 33rd annual meeting of the Association of Independent Research Institutes (AIRI) from Oct. 11 through 14 at The Westin St. Francis.

Discussion topics include fundraising strategies, how to use the media for effective management and ethics training within institutes.

AIRI is a nationwide association of 75 nonprofit independent research institutes engaged in biomedical and/or behavioral science research. AIRI includes: Cold Spring Harbor Laboratory, Colorado Neurological Institute, Dan Farber Cancer Institute and the J. David Gladstone Institutes. For more information, call the J. David Gladstone Intitutes at 826-7500.

UC Health Net presents Roach

Mack Roach, assistant professor of radiation oncology, will present his award-winning paper, "Race and the Cancer Research Literature: The Impact on Health Care Delivery and Policies" at a UC Health Net lecture slated for Monday, October 24, from 3 to 5 p.m.



Roach

Free and open to the public, the lecture will be held in the Medical Sciences building, room 214.

Roach is one of six UC faculty recipients of the 1994 UC Health Net Wellness Lecture Awards for research. The award carries a cash prize of $2,500 plus $1,000 for research assistance. Each will lecture at his/her campus in October.

UC and Health Net, the state's second largest health maintenance organization, co-sponsor the awards program to support research that addresses policy implications or service issues for improving the health of Californians through wellness efforts.

The lecture series is administered by the UC Office of Health Affairs and is funded by a grant from Health Net. This year the grant is $225,000.

Lecturers are chosen through a competitive grant process by a universitywide committee that selects one awardee from the faculty at each of UC's six health sciences campuses at Berkeley, Davis, Irvine, Los Angeles, San Diego and San Francisco. They will meet later with community representatives and other health experts to focus on issues raised by the research and resulting health policy implications.

For more information on the lecture, call Denine Bell at 476-2342.

Dinner to benefit LPPI

Friends of the Langley Porter Psychiatric Institute will host a black tie dinner dance on Friday, Oct. 28, at the Stanford Court Hotel, San Francisco.

The annual fund-raiser will begin with cocktails at 7 p.m. and dinner in the Grand Ballroom at 8 p.m. Tickets are available at $150 per person. Benefactor tables of 10 are offered at $25,000, patron tables at $10,000 and sponsor tables at $5,000, according to benefit chairperson Jeanne Robertson.

Proceeds benefit the Friends of Langley Porter which raises funds for research projects, patient care and educational programs that increase community understanding of mental health issues. For more information, call 771-6471.

Crime Corner

Number of occurrences at UCSF for specific offense

	1990	1991	1992	1993
Homicide	0	0	0	0
Rape	0	0	0	0
Robbery	7	4	3	0
Aggravated Assault	23	11	27	1
Burglary	47	77	85	26
Motor Vehicle Theft	25	33	13	4
Hate Voilence (Criminal/Non-criminal)	0		0	

Source: UCSF Police Department, August 1994

UCSF police: Making prevention a priority

(Editor's Note: This column will inform readers where crime occurs on campus and how to avoid being a victim. It also will highlight the work of the UCSF Police Department and include bulletins to help prevent and solve crimes. The following is an introduction to the UCSF Police Department.)

Serving the UCSF community of 20,000 students and employees, the UCSF Police Department faces many of the problems of the major city surrounding it.

Headquartered at the Mission Center, Chief Ron Nelson, who has 38 years of experience in law enforcement, directs the department, which provides 24-hour security services all year long with a force of 64.

All police officers are graduates of the certified California Peace Officers Standards and Training academies and have full police powers. They work with the San Francisco Police Department and neighboring law enforcement agencies regarding incidents related to the campus.

The department also employs Personal Safety Officers (PSOs) who are professionally trained security guards.

Crime prevention is a primary goal of the department, which has a special crime prevention unit staffed by an officer, a PSO and civilian crime prevention specialists who help develop and coordinate a variety of services to meet the safety needs of the entire campus community.

"Clearly, in order to do our jobs, we have to be driven by crime prevention," Nelson says. "If we can just get people to report crimes, we can make a greater impact."

The department regularly sponsors presentations and special workshops on personal safety, vehicle, office and residential security on a regular basis. The next such forum, the fourth annual UCSF Campus Safety Fair, is scheduled for Wednesday and Thursday, Sept. 14 and 15 from 10 a.m. to 2 p.m. at the Moffitt cafeteria and Friday, Sept. 16 from 11 a.m. to 2 p.m. at the ACC Lobby.

In an emergency, police can be contacted by dialing 476-6911. Non-emergency calls for police can be made by dialing 476-1414.

UC settles lawsuit with faculty for pay

A lawsuit has been filed on behalf of the University of California Academic Senate members who had their promotion and merit salary increases eliminated for the 1991-92 academic year.

In settlement of that action, a tentative agreement has been reached, subject to final approval by the court, following a hearing at which the views of class members will be considered.

The settlement provides that class members shall be paid the 1991-92 merit awards that were eliminated, minus attorney's fees and applicable deductions. The date of the payment depends on what happens with the University's 1994-95 budget.

The settlement is described in detail in a Notice of Pendency of Class Action, Proposed Settlement, Opt Out Rights, Objection Rights and Hearing. All those Academic Senate members who have been identified as members of the class covered by the settlement should have already received copies of this notice.

If you have not received this notice, and you believe that you should be included in the class as someone whose 1991-92 merit award was eliminated, you should contact the campus Academic Vice Chancellor immediately. If you object to the University's determination following your discussion with the Academic Vice Chancellor, you may appeal the University's determination to the campus Privilege and Tenure Committee, pursuant to the grievance provisions set forth by Bylaw 335 of the Statewide Academic Senate Bylaws.

Custodians clean up with computer skills

With a new round of budget cuts expected for the 1994-95 fiscal year, Assistant Vice Chancellor Jason Mavis told employees at a Facilities Management staff meeting in April that layoffs are possible, particularly in the custodial division.

To help ease the potential blow, Randy Lopez, director of Personnel and Michael Adams, director of Affirmative Action & Equal Opportunity, told custodians how UCSF can help them find other jobs.

Carlowe Connelly, Mavis' administrative assistant, suggested that a limited computer training progam be provided to enhance employees' job skills, whether or not their jobs currently involve computers.

With more than 200 computers in the department, she felt it was possible to use six of them in a training program. Connelly hired training consultants and set up a temporary classroom in the Laundry Storehouse in June.

"The response was great," says Connelly. "We put up a sign-up sheet, which was quickly filled. In fact, the class was so popular we added a second session in July." In addition to custodial staff, the classes included employees from the department's maintenance and plant engineering work force. The department authorized employees to spend a part of each work shift learning essential computer skills. About 50 students completed the two courses.

Even if these specific skills are not currently used on the job, Mavis believes that UCSF and the department will benefit from a workforce which is encouraged to improve its skills and develop qualifications for job growth in the future.

"People get stuck in what they're doing, especially those who are not particularly strong in the English language. Learning computers is a way to get unstuck and look to a brighter future," says Connelly.

"More and more people have asked for these classes," says Connelly, "but since the Laundry Storehouse has been torn down to make way for the new Power Plant, we no longer have the space."



Allen J. Balderson

Three Facilities Management employees who took the computer course are (left to right): Patricia Olivares, Lilia Sarria and Hein Duong.

If anyone has any suggestions on temporary classroom space, call Connelly at 476-4108.

Cost-cutting health care technology can bring cash

Seeking to make scientists more aware of the economics of health care, the National Science Foundation (NSF) and The Whitaker Foundation together will award up to $2 million in grants for technological innovations that promise to cut medical costs. Grants of up to $250,000 will be awarded. Each grant proposal must include a quantitative analysis of anticipated cost savings using realistic assumptions.

The joint program is designed to promote interdisciplinary research that will lower the cost of health care without compromising its quality and accessibility. An equally important goal is to make the academic community aware that research incentives must change.

"Rather than striving to improve care at any cost, scientists, engineers and physicians should also seek technology for delivering the same level of care at lower costs," says Peter Katona, Whitaker's vice president for biomedical engineering programs.

The initiative is also meant to counter the widespread misconception that advances in technology inevitably drive up the nation's health care bill.

To apply for a grant, call The Whitaker Foundation at (202) 408-1505 or the NSF at (703) 306-1070.

Clinic offers weight loss program

The UCSF-developed method to address the weight problems of men and women will now be offered through the Family Practice Clinic.

A novel approach designed to address the multiple factors contributing to overeating, the SHAPEDOWN Method helps patients to find a cure for their habits. It's unlike behavioral programs that merely help patients "manage" their weight, explains Laurel Mellin, associate professor of family and community medicine, who first developed the approach for children and adolescents.

"Diets weren't an option for kids, so we had to develop methods that took away their desire for the extra food and sedentary lifestyle," she says. "They naturally adopted healthier habits and their emotional overeating dissipated."

The basic premise of the method is that causes of weight problems are diverse. "Since each person's weight problem is different, an individual assessment is required," Mellin says. "The method is effective because some of the causes and cures focus on building psychological and relationship skills, so emotional overeating or unhealthy lifestyles improve naturally and effortlessly."

Free orientation sessions will be held on Thursdays, Sept. 8, 22 and 29 from 5:30 to 6:15 p.m. at the UCSF offices of Family and Community Medicine on the third floor of Millberry Union East.

About 400 hospitals nationally are delivering the SHAPEDOWN program to children and adults.

For more information on the SHAPEDOWN Method, call Mellin at 476-2502.

Medical Call Board

Hormone therapy

UCSF researchers are studying the effect of menopause and hormone replacement therapies on a woman's ability to metabolize drugs. Researchers believe that hormonal changes that occur during menopause may reduce a woman's ability to eliminate drugs. The drugs perdnisolone and erythromycin are administered over several days and drug levels are analyzed from blood samples. Subjects will be reimbursed $400 for completion of the study. Non-smoking postmenopausal women either not taking hormone replacement therapy or taking daily estrogen and progesterone interested in participating should call 476-5890.

Wanted: Balding men

UCSF Hair Research Center is conducting a 12-month study on men between the ages of 18 and 40 who have a bald spot at the back of their head. Subjects must be in good health and have dark hair. Information: 476-3636 or 476-2572.

Latino research grants available

The California Policy Seminar (CPS) is looking for proposals for the 1995 Latino/Latina Policy Research Program. Funded projects are intended to aid decision makers in addressing public policy problems relevant to California's Latino population.

Proposed projects may involve new research, ongoing research or the development of recent research findings into publications for a broad audience of scholars, state officials and the public.

The deadline to apply is Friday, Dec. 16. For more information, call the CPS office at (510) 642-5514.

Employment office cuts satellite hours

Office hours for the satellite employment office located at the Mission Center Building (MCB) have been cut from five to two days.

The office will be open now from noon to 5 p.m. Wednesdays and from 9 a.m. to 1 p.m. Thursdays.

Hours for the main employment office will remain the same, according to Bob Rojas, employment officer.

Fun Zone



Lisa Cisneros

Jose's chili wins

Jose Sarmiento, left, a grill cook at the Moffitt Cafe and Grill, made the best chili according to judges and tasters at the third annual EMPACT! Chili & Salsa Cook-off at the Millberry Gym . Sarmiento won a trip for two to Phoenix, Arizona via America West and accommodations at the Ritz-Carlton. Lynn Kelly, manager of the ITS store, and Marcela Martinez , an administrative assistant in pathology were top winners for their salsa rated by judges and people respectively. Sponsored by American Home Assurance Co., the event benefits future employee programs and events.

Millberry memberships

A Millberry membership is now only about a six-month wait! To get your name on the waiting list, send your name, campus affiliation, campus box and phone number to the membership box 0234. For more information, call 476-0348.

UC Retirement features explained

The Benefits Office will be presenting a one-hour lecture describing the features of the UC Retirement System from noon to 1 p.m. at the dates and places listed below:

Monday, Sept. 12 at the Mission Center Building, room 125; Wednesday, Sept. 14 at Toland Hall; Thursday, Sept. 15 at the Carr Auditorium at SFGH and Monday, Sept. 19 at the Hellcom Conference Room at UCSF/ Mount Zion Medical Center. For more information, call the Benefits Office at 476-1843.

Medsounds Continued

Staff survey to comply with ADA

The Medical Center is conducting a survey of its departments, units and clinics as part of its ongoing effort to comply with the American Disabilities Act (ADA).

The intent of the self-evaluation survey is twofold: to evaluate the physical accessibility of buildings and to assess the accessbility of its programs, services, activities, policies and practices, says Dan Shydler, assistant director of the Medical Center.

A facility survey was conducted campuswide recently to determine how accessible the Medical Center is physically to disabled persons and to prioritize a plan for changes or enhancements to improve accessibility. That survey, only covered access from outside the buildings to common areas.

An anti-discrimination and equal access law, the ADA considers individuals disabled if they have a physical or mental impairment that substantially limits one or more major life activities such as walking, seeing, hearing, breathing, learning, working, etc.

Staff have been asked to evaluate both physical accessibility and programatic accessibility of their departments and services. Program accessibility refers to ensuring policies and practices are nondiscriminatory and providing equal opportunities for disabled persons to use and participate in activities.

The law requires public entities to make "reasonable accommodations," which may mean job restructuring, modified work schedules and equipment acquisition or modification.

Surveys must be completed and returned to Shydler's office by Tuesday, Sept. 20. For more information call Shydler at 476-4855.

Primary *(from page 8)*

primary care doctors, says Robert Kamei, director of UCSF's pediatric training program.

At the same time, the Resident Allocation Committee is deliberating on methods to decrease specialty positions to 50 percent of the total by 2001. Positions in cardiology, anesthesia and surgery have been cut this year and stipend positions have been reallocated from specialty programs to primary care, according to the report.

The UCSF School of Medicine adopted its revised mission statement last year to read, "All undergraduate medical students are trained in the care of the total patient in preparation for primary care (generalist) specialization, or as groundwork for other fields of medicine."

The push for primary care seems to be working. Results from the 1994 National Resident Matching Program show that 53 percent of UCSF graduating students from the class of 1994 plan to enter primary care residency programs, as compared to 51 percent in 1993.

Norman Hearst, assistant professor in the department of Family and Community Medicine, says the "first and most important step to encourage family practice would be to stop discouraging it." Hearst's survey of UCSF medical students early in 1993 showed that they recieved both negative and positive feedback from faculty, physicians, staff and fellow students about their interest in family practice. Most negative feedback came from non-primary care specialists. Saying negative feedback may dissuade a student from pursuing a career in family practice, he recommends positive feedback be promoted, especially in the third and fourth years when students make decisions about residency.

And although UCSF selects the most highly qualified students from an annual applicant pool of about 5,000 students, the Admissions Committee will double its number of family physicians from three to six members this year. In addition, UCSF students in primary care are assigned to a faculty mentor in one of the generalist specialties.



Lisa Cisneros

Williams wins scholarship

John Williams, an x-ray technician at UCSF/Mount Zion's radiology department, was surprised to learn he's the latest recipient of the Helen B. Ripple Scholarship award. Ripple, left, presented the $1,000 check to him and his wife, Helen Williams, an administrative assistant who works in nursing administration. Williams spent the money to pay for books and tuition at Sonoma State University, where he is working toward a Bachelor's degree in nursing. To donate to the scholarship fund, contact Joan Spicer, assistant director of nursing, right, at 476-2993.

Hard work reaps rewards



Lisa Cisneros

UC Davis students Jennifer Lai, right, and Patricia Chien share a happy moment at a party held at the Moffitt Cafe and Grill to thank summer volunteers. Lai, 18, put in more than 20 hours and Chien, 20, worked 120 hours at the Medical Center. Summer student volunteers at the UCSF/Mount Zion Medical Center also were rewarded for their efforts at a party. The three volunteers that racked up the most hours there were David Gourlay (287) Nina Creedman (197) and Sabrina Kivitz (178). More than 350 students volunteered this summer at both sites.

Boy *(from page 8)*

through an integrated practice that provides treatments for hand, upper extremity and reconstructive muscoskeletal conditions. His patients include those who suffer from tendonitis and peripheral nerve compression, carpal tunnel syndrome, arthritis and post-traumatic conditions.

Although Ferooz could move his right hand, a congenital nerve injury made movement at the elbow and shoulder almost impossible. Throughout his life, the Union City resident had to use his left hand to position his right arm where he wanted it. Self-conscious about his paralysis, Ferooz says he kept his right arm at his side at school where only a few friends knew about his disability.

But today he has nothing to hide. "I can do everything I never could do before," he says. "I wasn't even planning to try out for football, but now I can."

It took Ferooz only a few minutes to make up his mind to have the surgery, he says.

"He is young and he wanted the best possible reconstruction for strength," Diao adds.

A variety of procedures have been developed historically to overcome this problem. The most modern technique involves reconstructive microsurgery, using transplants of muscle from one part of the body to another, Diao explains.

In Ferooz's case, the large Latissimus dorsi was ideal for this purpose. The entire muscle was freed from the back and isolated with only the connections of the nerve and blood vessels preserved. It is actually more difficult to preserve these connections than it is to cut them off and reattach them, Diao says, but the function is much better if the neurovascular pedicle is preserved. The muscle was then shifted forward through a pathway beneath the skin.

"His bicep was quite atrophied so we laid the (back) muscle right over it and made a larger space to contain it," Diao explains. "Then we inserted ends of the muscle into his shoulder and forearm. The line of action of his Latisimuss completly substitutes for the bicep and it can be developed like any type of regular muscle."

Ferooz goes to therapy to build his strength and increase his flexibility. Diao says Ferooz won't miss the back muscle because it's relatively expendable and there are other muscles he can use instead.

Medicine *(from page 8)*

mutual learning," says Rabbi Jeffery Silberman, director of pastoral care and education at UCSF/Mount Zion Medical Center. "By facilitating a discussion about the interface between religious faith and medicine, we hope to provide insight into the effect of cultural and religious differences on the delivery of medical services."

Mount Zion Health Systems Inc. is a charitable organization serving the needs of the Jewish community, particularly through UCSF/Mount Zion.For more information and registration details, call 750-4105.

Support groups help Alzheimer's patients cope

Patients in the early stages of Alzheimer's disease are able and willing to use peer support groups to help them cope with fears and problems related to their illness, according to a pilot study conducted at UCSF.

Study patients — who were only mildly impaired by Alzheimer's symptoms — said that participation in the group made them feel less alone and fearful. Results of the study were reported in July at the annual conference of the National Alzheimer's Association, which funded the research.

"The success of the peer support group reflects a growing recognition that individuals with early stage Alzheimer's disease have been overlooked and underserved," says Robyn Yale, a licensed clinical social worker formerly with UCSF and now in private practice.

Yale conducted the study along with Joseph Barbaccia, professor of family and community medicine and medical director of the UCSF Memory Clinic and Alzheimer Center, Linda Mitteness, associate professor and interim chair of the division of medical anthropology and Catherine Lee, a gerontology-psychiatry fellow at UCSF/Mount Zion Medical Center.

The study findings have been published in a training manual that includes step-by-step guidelines for professionals interested in developing and facilitating similar support groups.

Prepare for disaster

The Parnassus Disaster Committee will meet Oct. 13 from 9:30 to 11 a.m. in C 701. Directors and department managers should attend this meeting to prepare for the Medical Center's disaster drill on Oct. 20.

Construction *(from page 8)*

schedule is planned to begin Sept. 12 with the targeted completion time during summer 1996, according to project manager Ivy Chaio. Initial work will include installing construction barricades on Bush and Sutter streets and underpinning, shoring, excavating and other related underground work.

The 110,000-square-foot four-story building will house researchers dedicated to fighting cancer. The entire project, including land acquisition, will cost $59.3 million.

Medical Offices

Ground was broken in June for the 2330 Post Street Medical Office building located on the former site of the Community Crisis Clinic. The planned six-story 44,230-square-foot building is currently under construction by the developer, Western Development Group Inc. The building will use 137 parking spaces in the adjacent San Francisco Medical Center garage.

Plans for a five-story medical office building with about 49,500 square feet at 2400 Sutter St. are still being negotiated with the developer, 2400 Sutter Associates Inc. It's expected that remaining tenants, including a few UCSF/Mount Zion staff, will all be vacated by summer's end. Relocation information will be distributed when it is finalized. The medical office building will include underground parking for about 150 cars.

Acquisition of outpatient medical office space has been part of the development plan for Mount Zion since its integration with UCSF in 1990. The buildings will be used to house outpatient clinical programs for faculty physicians practicing at UCSF/Mount Zion and some community practioners.

Public Information Officer Emily Pearce contributed to this report.

Celebrating National Primary Care Day

UCSF will celebrate National Primary Care Day on Wednesday, Sept. 28, from noon to 2 p.m. in Cole Hall.

A panel discussion at UCSF will feature primary care specialists from various departments who will discuss and answer questions about what they do and the challenges they face. The panelists are Robert Baron, general medicine; Tracy Flanagan, ob/gyn; Elena Fuentes-Afflick, pediatrics; and Teresa Villela, family practice.

National Primary Care Day is co-sponsored by the Association of American Medical Colleges' Office of Generalist Physician Programs.

Those interested in attending the UCSF panel discussion should call Terri Baldocchi in UCSF's Student Affairs Office at 476-8081 by Sept. 16.

Next Mount Zion meeting set

UCSF/Mount Zion Medical Center will hold its next monthly community meeting to discuss any issues of concern, including construction, Tuesday, Sept. 27.

The meeting will be at 7 p.m. in UCSF/Mount Zion's Executive Board Room. For more information, call UCSF Community Relations at 476-3206.

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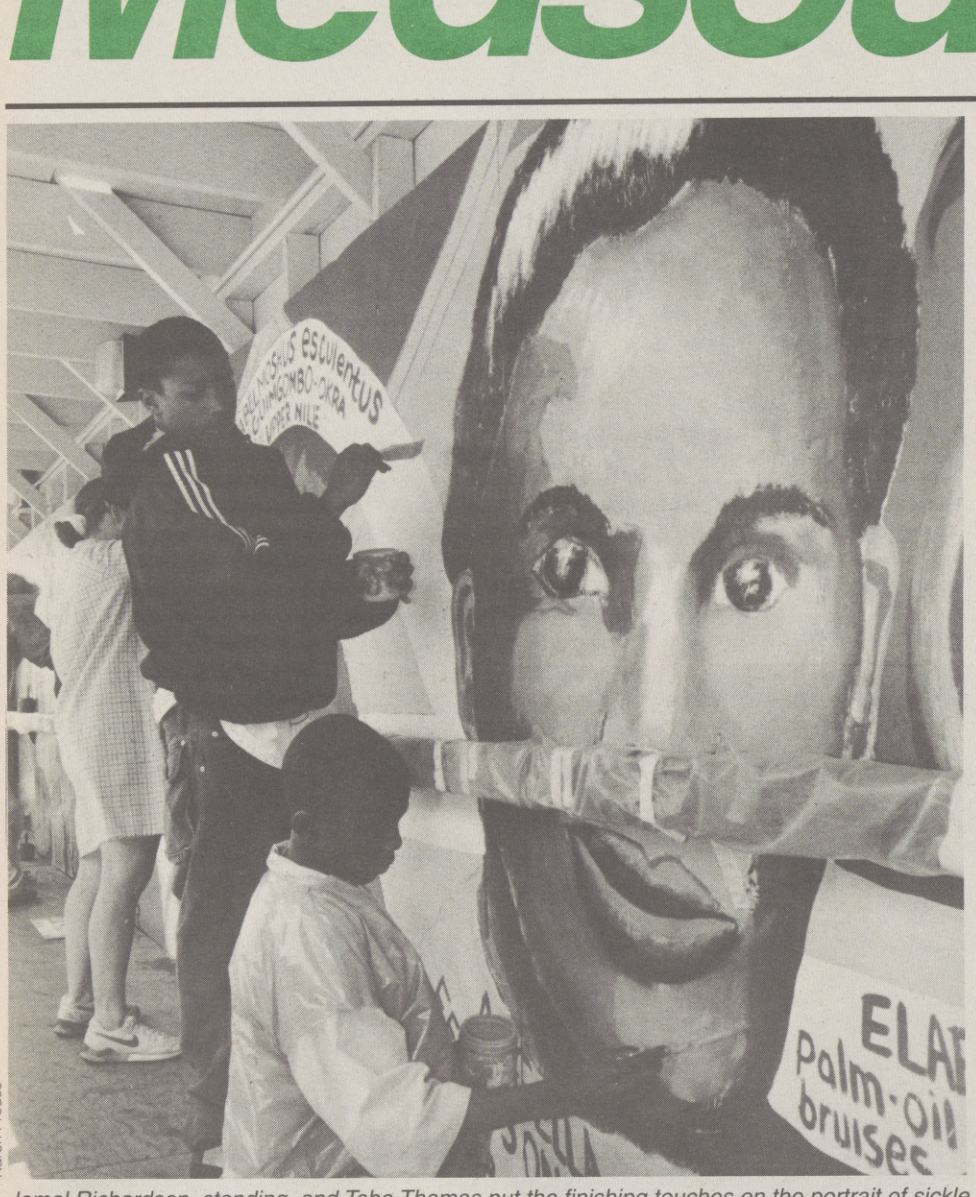
UCSF Medsounds

Page 1 ... Campus awaits state audit of CPRT

Page 1 ... Survey says *Medsounds* needs change

Page 3 ... Psychiatrist Lenore Terr defends recovered memory

Medsounds is a section of *Newsbreak* for and about employees of the Medical Center, including Moffitt-Long, the ACC, UCSF/Mount Zion and Medical Center employees at Mission Center and Laurel Heights.



Karen Preuss

Jamal Richardson, standing, and Tobe Thomas put the finishing touches on the portrait of sickle cell researcher Angella Ferguson. They were among the children and adults who recently painted a mural at the construction walkway that wraps around a corner of UCSF/Mount Zion Medical Center. Conceived by children from the Wajumbe Cultural Center, the mural was designed by Precita Eyes Mural Arts Center.

Celebrating Primary Care Day

UC's push toward primary care

By LISA CISNEROS

The emergence of health care reform as a national priority has brought the need to reform medical education — particularly to train more primary care physicians — in focus.

Whatever type of plan comes out of Washington, the nation's shortage of primary care providers and the state's movement toward managed care and preventive medicine is spurring a shift to produce more generalists.

The surplus of specialists, which some health care critics say contributes to both increased costs of and diminished access to health care, has prompted the state Legislature and Gov. Wilson to require medical schools and teaching hospitals to reverse the trend. And given the fact that primary care has become key to the economic health of medical centers around the nation, training more primary care doctors has become critical.

UC stressed its commitment to increase the number and proportion of primary care health providers in its report, "Changing Directions in Medical Education," the second report on systemwide efforts issued by the Office of the President in June.

UC expects to have more than 50 percent of its total medical resident positions in primary care by July 1997 and 55 percent of all positions in primary care by July 2001, according to the report.

This will be accomplished, the report says, by UC medical schools and other health science schools working in partnership with its teaching hospitals and clinics, affiliated county Veterans Administration hospitals and more than 100 community-based patient care facilities throughout the state.

To encourage more intetest in primary care careers and to demonstrate its goal to meet the need for more primary care physicians, UCSF will celebrate National Primary Care Day on Wednesday, Sept. 28. (See page 7.)

UCSF expands primary care

UCSF has expanded its primary care practices at several sites, including establishing a medical group at the Lakeshore clinic where physicians from internal medicine, family and community medicine and pediatrics work.

The VAMC and SFGH expect to add 17 primary care positions by 1996. UCSF's medical training program in pediatrics integrated with Kaiser Permanente Medical Center in July to add 10 new positions for residents. This integration is a demonstration of UC's commitment to encourage the training of more

(See **PRIMARY** *on page 7)*

1993-1994 UCSF Medical Residents

	No. of Residents	% of Total
Primary Care		
Family Practice	126	10.8
Internal Medicine	256	21.9
Ob/Gyn	44	3.8
Pediatrics	84	7.2
Total Primary Care	510	43.7
Total Non-Primary Care	665	56.3
Grand Total	1,175	100.0

Source: UCOP "Changing Directions in Medical Education," June 1994

Health care, religious workers meet at Fort Mason

To encourage dialogue between religious and health care professionals to enhance both clinical care and counseling skills, Mount Zion Health Systems Inc. is co-sponsoring a conference entitled "Medicine and Faith in a Multicultural Society." The conference will be held at Fort Mason Conference Center on October 24 and 25.

Key speakers include Dr. Sandra Hernandez, director of the San Francisco Department of Public Health; Jay Luxenberg, associate clinical professor of medicine at UCSF/Mount Zion Medical Center; Rabbi Amy Eilberg, director of Jewish Hospice Services; the Rev. Richard Gula, priest and professor at St. Patrick's Seminary; David Smith, MD, founder and president of Haight Ashbury Free Clinic; the Rev. Yvette Flunder, minister at City of Refuge Church and executive director of Ark of Refuge Inc., and the Rev. Glenda Hope, executive director of Network Ministries.

Workshops will focus on specific issues with the goal of generating dialogue between co-leaders and attendees. Each workshop will include a medical and religious professional. Topics for discussion include "Health Care Issues in the Asian, Hispanic and African American Communities," "Living with Chronic Illness: The Search for Meaning," "Genetic Research and Human Choice," "Preaching to Prozac: Depressions and American Religious Life" and "Pain Management and Personal Faith."

"Our goal is to offer Bay Area religious and medical communities an organized forum for

(See **MEDICINE** *on page 7)*

Construction update

Most UCSF/Mount Zion projects under way

By LISA CISNEROS

Wearing earmuffs at UCSF/Mount Zion Medical Center may seem strange even if summer in San Francisco is colder than that in most cities. Nevertheless, Vanessa Young has been handing them out.

Young, community liaison for construction at UCSF/Mount Zion, explains the earmuffs aren't the warm and fuzzy kind, they're the industrial type that allow people to tune out the loud noises from the ongoing construction nearby.

Patients, staff and community members are coping with more than just the sounds of a giant claw crushing concrete at the old outpatient department building, they also must put up with the pounding vibration of jack hammers and the dust that goes along with it. "Generally, I think people are holding up rather well," Young reports.

For all those wondering what's happening out there, here's the latest word from project managers:

Outpatient Cancer Center

With the demolition of the exterior of the old outpatient department half complete, the next items on the hit list are the basement and foundation, says Jim Lennon, project manager. Bids will go out in October for the second phase of the project, construction of the $39 million treatment center. Building is scheduled to start in December 1994 and will continue through December 1996.

The 90,145-square-foot building will have five stories above ground and two stories below ground. It will house multi-specialty patient care programs for the diagnosis and treatment of cancers.

Both the outpatient center and research building will form the core of UCSF's planned Comprehensive Cancer Center, which could become the only National Cancer Institute–designated facility in Northern California. The comprehensive center will merge cancer-related activities at all UCSF sites within the Schools of Medicine, Dentistry, Nursing and Pharmacy, the Graduate Division, as well as the four UCSF hospitals, the Medical Center on Parnassus, UCSF/Mount Zion and the afflilated San Francisco General and Veterans Affairs hospitals plus the UCSF medical education program in Fresno.

Research Center

Bids were received in July and a contract was awarded to Lathrop Associates of Benicia for the construction of the UCSF/Mount Zion Research Center at 2340 Sutter St. Preconstruction conferences were held to address environmental impact measures with the developer. The 24-month construction

(See **CONSTRUCTION** *on page 7)*

Boy gets bicep from back muscle

By LISA CISNEROS

Freshman Ferooz Nangeyali will try out for the high school football team this fall able to use both arms to tackle his opponents.

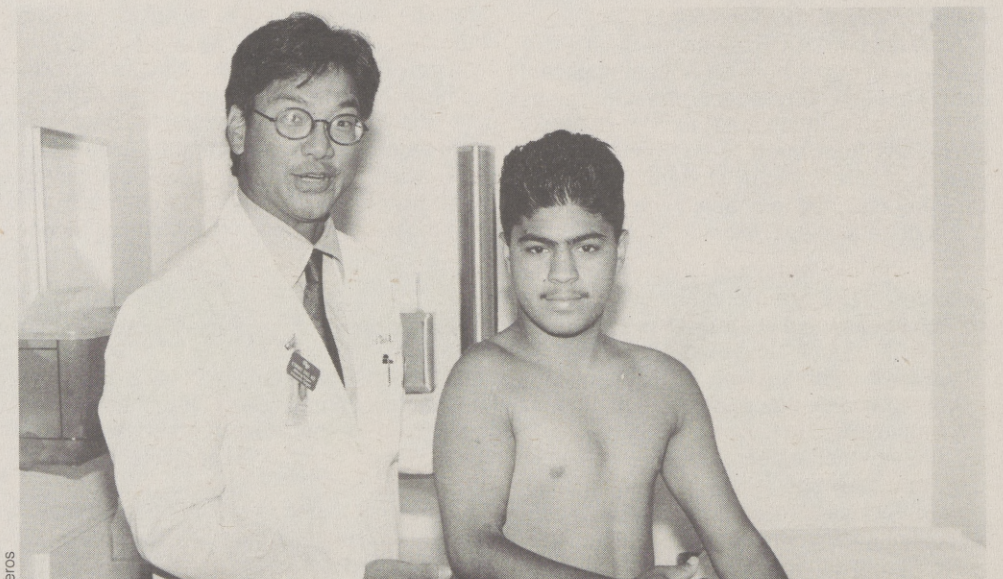
That's a major feat for the 15-year-old who up until a few months ago would have had to sit on the sidelines watching his friends take to the field.

Born in Afghanistan with a paralyzed right arm, Ferooz now can move it freely after undergoing a seven-hour surgery at UCSF last spring.

In the relatively rare operation, Edward Diao, chief of the UCSF Hand and Microvascular Surgery Service, removed a muscle from Ferooz's back, rolled it up into the shape of a bicep and tunneled it through his arm.

Diao, assistant professor of orthopaedic surgery, began offering this type of service when he joined UCSF in September 1993

(See **ARM** *on page 7)*



Lisa Cisneros

Edward Diao examines Ferooz Nangeyali's arm.